# INTERNATIONAL STAFF WEEK

May 5 - 9 2025







**University of Zadar** Universitas Studiorum Jadertina | 1396 | 2002 |

Department for International Relations

CONTACT: erasmus@unizd.hr

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# PRELIMINARY PROGRAMME

# MONDAY, 5 May 2025

Venue: Obala kralja Petra Krešimira IV, No. 2

- Registration
- Welcome by Professor Marko Lukić, PhD, Vice-Rector for Interinstitutional and International Affairs
- Presentation of the University of Zadar by Maja Kolega, Head of the DIR
- Short introduction of participants (up to 5 slides per university)
- Buffet
- Group photo and guided tour of the city of Zadar (free)

### TUESDAY, 6 May 2025

- Lectures/Training at the departments of the University of Zadar
- Icebreaker Quiz: Basic Croatian Language by Vice Šunjić from the Dept. of Croatian Studies
- Workshops and discussions on the topic of Encouraging Student Mobility and Dismantling Fears of Going Abroad + best practice examples from participants
- Visit to the Students Dormitory and lunch in the student restaurant Diadora

### WEDNESDAY, 7 May 2025

- Visit to the naval simulator at the Maritime department free, optional
- Key speaker lecture: Jelena Kupsjak from the Dept. of Ethnology and Anthropology on the topic of Mental Health and Workplace Stress
- Workshops and discussions on the topic: Mental Health and Workplace Stress + best practice examples from participants
- Academic Staff STA/STT: Lectures/Training/Visits to the departments of the University of Zadar

### THURSDAY, 8 May 2025

• All day excursion to the Kornati Islands, fee based, optional

# FRIDAY, 9 May 2025

- Visit to the Department for International Relations
- Closing of the 7th International Staff Week 2025

The detailed draft programme can be found <u>here</u>.





#### AIM

The primary goal of the Staff Week is to foster knowledge-sharing and the exchange of best practices through engaging discussions and interactive sessions.

This year's topics focus on mental health and stress in the workplace, as well as fears and stress related to student mobility.

Additionally, the event provides a unique opportunity to strengthen existing collaborations and establish new partnerships.

#### COST

Participants are expected to cover their own travel, accommodation, and excursion expenses through Erasmus+ or other funds.

The University of Zadar will cover the costs of coffee breaks, two lunches, a guided city tour, information kits, and certificates of attendance.

#### **TERMS OF PARTICIPATION**

- Participation is limited to two people per institution.
- The language of training is English.
- There is no registration fee.
- The number of participants is limited to a maximum of 50.

#### **APPLICATION**

Application procedure consists of **Mobility Agreement** and **on-line application form**. The application deadline is **February 10, 2025**.

Participants will be selected on the basis of the relevance of their field of interest and main responsibilities to the main topics as well as the quality of their Mobility Agreements. The DRAFT versions of the Mobility Agreement can be downloaded <u>here</u>.

The Mobility Agreement must be sent to the following e-mail: <u>erasmus@unizd.hr</u> by February 10, 2025.

On-line application form can be found <u>here</u>.





Zadar is a popular tourist destination, offering numerous options for accommodation. Due to its popularity, we strongly recommend booking your stay as early as possible.

If you are looking for hotel accommodation close to the University, we suggest the following options:

Hotel Kolovare\*\*\*\* Ul. Bože Peričića 14, 23000 Zadar

Art Hotel Kalelarga\*\*\*\* Ul. Majke Margarite 3, 23000 Zadar\*\*

Hotel Bastion\*\*\*\* Trg tri bunara 1, 23000, Zadar

Almayer\*\*\*\* Ul. Braće Bersa 2, 23000, Zadar

For a more affordable and flexible option, consider booking a private room or apartment. Reliable platforms for finding such accommodations include:

- <u>www.booking.com</u>
- www.airbnb.com

For additional information about accommodation in Zadar, please visit the official website of the Zadar Tourist Board: <u>www.zadar.travel/en/accommodation</u>



# HOW TO GET TO Z A D A R

#### **BY PLANE**

Zadar Airport: Located in Zemunik, approximately 12 km from Zadar, it offers flights to various European cities. For the latest flight schedules and destinations, visit the official website: <u>www.zadar-airport.hr</u>.

#### **Airport to City Transport:**

- Bus: A one-way ticket to the main bus station or city center costs €5.
- Taxi: The fare to Zadar city center is approximately €25.

#### **BY BUS**

Buses connect Zadar with different cities in Europe. The address of the Zadar Bus Station, LIBURNIJA d.o.o. is: Ante Starčevića 1, 23 000 Zadar, Croatia and the web page: <u>https://liburnija-zadar.hr/</u>.

#### **BY FERRY**

The ferry port Gaženica connects Zadar with Ancona (Italy) and some ferry ports on Croatian islands and harbours. Information about schedules and destinations can be found on the official web sites of Jadrolinija.https://www.jadrolinija.hr/.

#### **BY CAR**

You can use one of two possible roads: A1 Highway from the direction of Zagreb/Rijeka – exit Zadar Zapad (Zadar West) or from the direction of Split – exit Zadar Istok (Zadar East) or DC8 Adriatic road. More information about the situation on the highways and maps can be found on <u>https://www.hak.hr/</u>.



# RESTAURANTS & C A F E S

Zadar offers a variety of restaurants where you can enjoy traditional Croatian dishes, as well as Italian and international cuisine. For more affordable options, you can visit pizzerias and fast-food establishments.

If you need more suggestions, please visit the <u>website of the Zadar Tourist</u> <u>Board</u>.

#### **GOOD TO KNOW:**

- Tap water is safe to drink.
- The official currency in Croatia is EURO. Foreign currency can be exchanged at banks, exchange offices, post offices, and most tourist agencies and hotels.
- Most restaurants and shops accept credit cards, but fast-food outlets and cafes typically accept only cash.

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